



**Warwick
Education
Foundation**



2022-23 Expert in Residence Grant Recipient

A total of one (1) Expert in Residence grant application representing a request amount of \$5,500 was awarded.

Program	School	Recipient(s)	Grant Amount
<p>Wynne Kinder</p> <p>Students experience many stressors in childhood and need healthy coping skills to self-regulate and handle/solve problems peacefully. Providing the tools, the learning, and practice to teach to the mind through the body has shown significant impact on student social emotional well-being, self-awareness, self-management, and social awareness.</p> <p>Through this program, students in kindergarten through 4th grades will develop further awareness of self, the importance of well-being, healthy strategies to manage strong emotions, and integrate the skills into daily life to build resilience and protective factors that will last a life time. Students will engage with Ms. Kinder in 4, 30-minute lessons across a one-two month period in each grade level homeroom. Each lesson builds continuity of language, awareness skills including resilience and attention skills related to the brain, their breath, and how to balance all of it through mindful practice. Lesson activities include three parts- seated focus, curious content (brain), and a standing practice with physical activity to support learning to reset and regulate the brain so students are ready for learning.</p>	John Beck Elementary	Colleen Heckman	\$5,500
Grand Total			\$5,500